

Certificate Course in Primary Care Dermoscopy (6) Eight Tips in Primary Care Dermoscopy

Antonio An Tung Chuh

**MD(HK) MRCP(UK) FRCP FRCPE FRCPG FRCPI FRCPCH
FRCGP FRACGP FHKCFP MFM(Monash) FHKAM(Family Medicine)**

**DCH(Lond) DCH(Irel) DCCH(Edin) DFM(Monash)
DipDerm(Glasg) DPDerm(Wales) Dip G-U Med(LAS)**

Honorary Clinical Associate Professor in Family Medicine, University of Hong Kong

Adjunct Clinical Associate Professor in Family Medicine

The Chinese University of Hong Kong

Visiting Professor in Primary Care, University of Zürich

Visiting Professor in Primary Care, University of Kiel



**Hong Kong Society of
Primary Care Dermoscopy**

Disclaimer

Knowledge and the best practice in dermoscopy, dermatology, skin surgery, family medicine, and primary care medicine are constantly changing. As new research broadens our understanding, changes in research methods, practices, or clinical managements may become necessary.

Clinicians must always rely on their knowledge, skills, and experience in evaluating and using any method described in this presentation and the correlated materials. They should also be mindful for their own safety and safety to patients.

To the fullest extent of the law, the author(s) and associated societies of this presentation and correlated materials do not assume liability for any injury to patients as a matter of products liability, negligence, or otherwise, or from any use of ideas contained in this presentation and the correlated materials.

Dr Antonio Chuh and the Hong Kong Society of Primary Care Dermoscopy hold the copyright of all the materials and ideas in this presentation and correlated materials.



Board of Advisors

- **Prof Peter Fung** (Medical Physics), Emeritus Professor, Department of Medicine, The University of Hong Kong
- **Prof Gabriel Sciallis** (Primary Care and Dermatology), Mayo Medical School, Mayo Clinic, Minnesota, US
- **Prof Regina Fölster-Holst** (Dermatology and Dermoscopy), Universitätsklinikum Schleswig-Holstein, Germany
- **Prof Vijay Zawar** (Primary Care and Dermoscopy), Dr Vasantryo Pawar Medical College, India
- **Prof Werner Kempf** (Dermatopathology), University Hospital Zürich, Switzerland

**Helpful strategies –
(1) Previous photos might be helpful**



Helpful strategies – (2) Toggling between with and without cross-polarisation







Helpful strategies –

(3) The ugly duckling sign and signature naevi

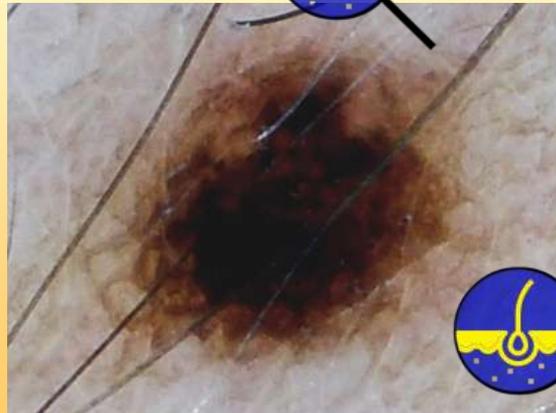
- Acquired melanocytic naevi in an adult usually **look alike**.
- People call such as **signature naevi**.
- A naevus not resembling the rests – higher risk of malignancy.
- Exceptionally careful evaluation and managements are warranted for this **ugly duckling**.



Helpful strategies – (3) The ugly duckling sign and signature naevi



Helpful strategies – (3) The ugly duckling sign and signature naevi



Helpful strategies – (4) The elephant approach



- Children don't recognise an elephant by learning **zoology**.
- Once they have seen enough **images of elephants**, they would recognise it.
- So, once we have seen enough dermoscopic images, we would acquire the **instinct** to recognise various diagnoses.

**Helpful strategies –
(5) Take the last clinical and dermoscopic
images after perilesional anaesthesia**



**Helpful strategies –
(5) Take the last clinical and dermoscopic
images after perilesional anaesthesia**



**Helpful strategies –
(6) Obscured sites – You can still attain
dermoscopic images with high clinical value**



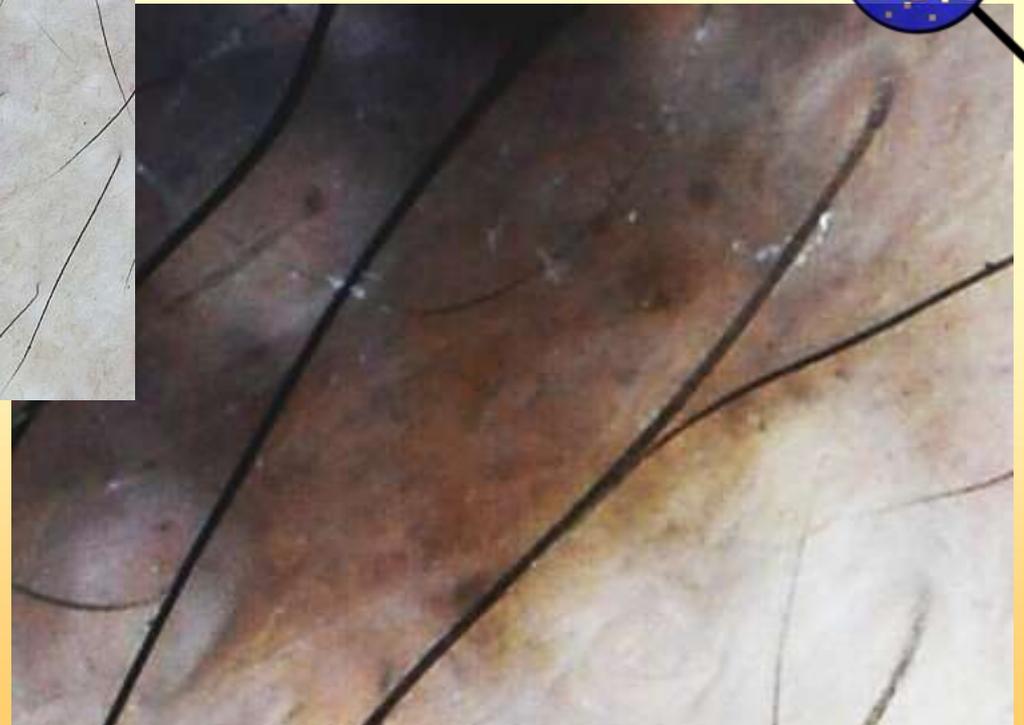
**Helpful strategies –
(6) Obscured sites – You can still attain
dermoscopic images with high clinical value**



**Helpful strategies –
(7) Concave sites – You can still attain
dermoscopic images with high clinical value**



**Helpful strategies –
(7) Concave sites – You can still attain
dermoscopic images with high clinical value**



Helpful strategies –

(8) Concave site – feel it and you will be rewarded



Helpful strategies –

(8) Concave site – feel it and you will be rewarded

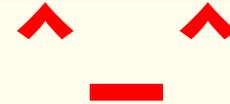


**Helpful strategies –
(8) Concave site – feel it and you will be rewarded**





THANK YOU!



HKSPCD

Hong Kong Society of Primary Care Dermoscopy

hkspcd@gmail.com